

DIETARY INFORMATION



N&M SALADS

CREAMY SHREDDED COLESLAW

Freshly shredded cabbage, mayonnaise and carrot.

Low Gluten, Low Nut, Vegetarian

MEDITERRANEAN PENNE NAPOLI PASTA AND FETA SALAD

Penne pasta, semi-dried tomatoes, creamy feta roasted eggplant, zucchini, and spring onion in a rich napoli sauce dressing.

Low Nut Free, Vegetarian

DECADENT ASIAN INSPIRED NOODLE SALAD

Fresh egg noodles, with grilled mushrooms, baby corn, green capsicum, cabbage, snow peas, onion and soy dressing.

Low Gluten, Low Nut, Vegetarian, Contains Soy

HEARTY RICE AND MIXED-VEGETABLE SALAD

Australian grown Doongara white rice with mixed vegetables and French dressing.

Low Gluten, Low Nut, Vegetarian

N&M ROAST MEATS

N&M ROAST BEEF

Can be Halal

N&M ROAST PORK

N&M ROAST CHICKEN

Can be Halal

N&M ROAST LAMB

Maybe Gluten-Free, Can be Halal

ROAST POTATO

GRAVY



CREAMY POTATO AND SOUR CREAM SALAD

Fluffy white potatoes, celery, sweet mustard, parsley and creamy seasoned mayonnaise.

Low Gluten, Low Nut, Vegetarian

FRESH GARDEN SALAD

Fresh lettuce, sliced tomato, onion and cucumber with an Italian dressing.

Low Gluten, Vegetarian

Allergen and Food Disclaimer:

N&M Catering and Events Party Hire, and our suppliers operate in a kitchen and in kitchens where a range of allergens are handled, including wheat and gluten-containing cereals (including wheat, barley, rye and oats), egg, milk, soy, sesame, fish, crustaceans, molluscs, lupin, peanuts, tree nuts (including almond, Brazil nut, cashew, hazelnut, macadamia, pecan, pine nut, pistachio and walnut), and sulphites.

Ingredients and products supplied by third-party manufacturers and suppliers may also contain, or be subject to cross-contact with, allergens, and supplier formulations and allergen information may change from time to time, thus we cannot guarantee that any product is entirely free of any allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.